

STERLING PUBLIC SCHOOLS - WEEKLY BULLETIN: September 12-19, 2026

**Saturday
September 12** Youth VB Practice from 9-10:30AM - GYM
Elementary Flag FB (Grades 1-6) 10-11 AM

MORE INFO ON BACK

**Sunday
September 13** VOLLEYBALL PRACTICE: TBA

**Monday
September 14** Breakfast: Muffin, Ham, Egg, Fruit, Milk, Juice
Lunch: Chicken Sandwich, Fries, Fruit, Veggie, Salad Bar, Milk
FOOTBALL PRACTICE: 6-7:45AM
MUDECAS VB Tourn vs. Southern @ BHS - 4:30PM - Vans leave @ 3PM - Brackets on back

**Tuesday
September 15** Breakfast: Egg Bites, Sausage, Yogurt, Fruit, Milk, Juice
Lunch: Chicken Cordon Bleu, Fruit, Veggie, Salad Bar, Milk
JH FB @ HTRS (Humboldt) 4PM - Van leaves @ 2PM
MUDECAS VB Tournament @ Beatrice - Brackets on back
FOOTBALL PRACTICE: TBA

**Wednesday
September 16** Breakfast: Omelette, Bacon, Cheese Stick, Fruit, Milk, Juice
Lunch: Pork Chop, Roll, Fruit, Veggie, Salad Bar, Milk
HS FFA to Husker Harvest Days - Bus leaves @ 7AM
JH VB vs. Meridian - HOME - 1PM
VOLLEYBALL PRACTICE: after school
FOOTBALL PRACTICE: TBA

**Thursday
September 17** Breakfast: French Toast, Egg, Ham, Fruit, Milk, Juice
Lunch: Nachos, Rice, Fruit, Veggie, Salad Bar, Milk
FOOTBALL PRACTICE: 4-6PM
MUDECAS VB Tournament @ Beatrice - Brackets on back
Youth VB Practice from 6-7:30PM - GYM

**Friday
September 18** **NO PRESCHOOL/PRE-KINDERGARTEN**
EARLY OUT
@ 2:04PM Breakfast: Pop Tart, Yogurt, Sausage, Fruit, Milk, Juice
Lunch: Chili Dog, Fruit, Veggie, Salad Bar, Milk
Richardson County Fair - Load @ 9AM
VOLLEYBALL PRACTICE: after school
FB vs. Riverside - HOME - 7PM - Parents Night - be here by 6:30PM

**Saturday
September 19** Youth VB Practice from 9-10:30AM - GYM
Elementary Flag FB (Grades 1-6) 10-11 AM



JH VB Extended Practice Schedule

*September 14
*September 15
*September 17
September 22
September 29
October 8
*October 12
*October 13

***TBD based on HS VB**

*This institution is an equal opportunity provider. *Menu is subject to change without notice.

www.sterlingjets.org [Facebook](#)

THE JET WAY: RESPECT is important in every area of our lives! Talk with your child about ways to show **RESPECT** for family members, classmates, teachers, belongings, shared spaces, and themselves. Ask them to share one way they can show **RESPECT** in each area this week.

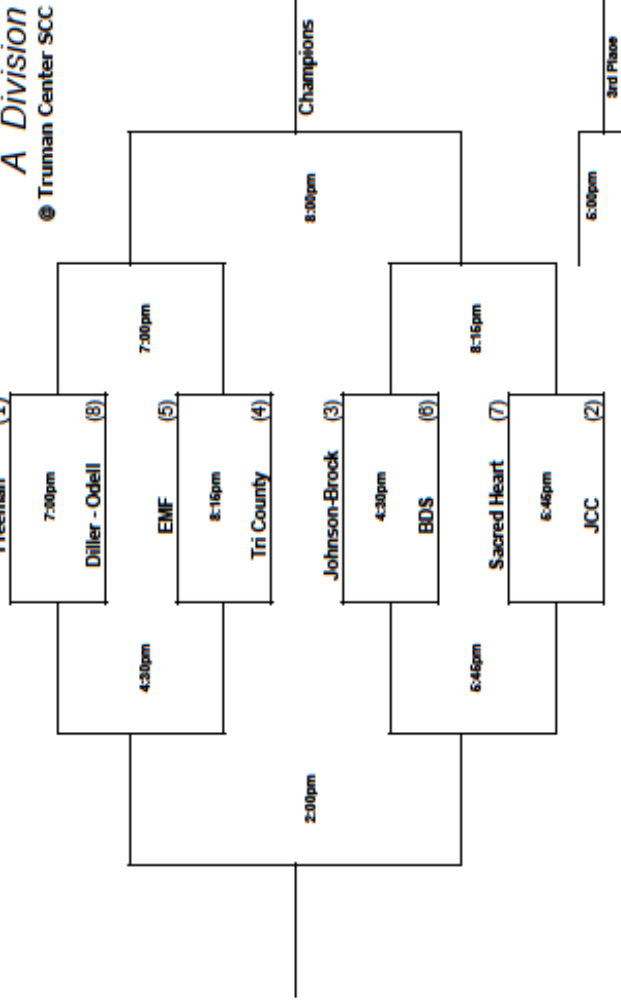
**DETENTION ROOM:
MR. STEINKRUGER**

UPDATED

2026 MUDECAS Volleyball Tournament September 14, 15 & 17

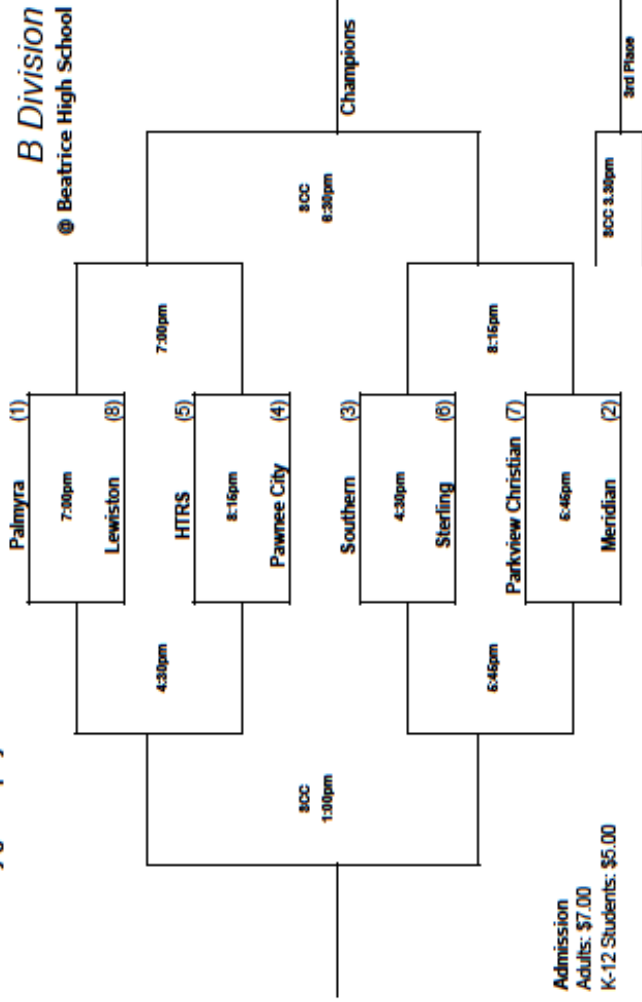
Thursday Tuesday Monday Tuesday Thursday

A Division
Truman Center SCC



ALL Thursday games played at SCC

B Division
Beatrice High School



Admission
Adults: \$7.00
K-12 Students: \$5.00

UPDATED



PEDiatric CANCER AWARENESS MONTH



ALL PROCEEDS GO TO AVA'S ARMY



Flavors

 Strawberry

 Cherry

 Peach

 Raspberry

 Blue raspberry

 Green apple

 Coconut

 SF Strawberry

 SF Cherry

Details

 32 oz drinks

 \$5 regular

 \$6 flavored

 Order by 11 AM

for same day delivery

 Monday - Friday

 Free delivery

in town!

 Order Now!

 402-802-0898

Call or text to place your order!



 DELIVERY OPTIONS:

FREE DELIVERY BETWEEN 12:00-2:00

OR MEET OUTSIDE THE SCHOOL AT 3:30 M-TH

& 2:00 ON FRIDAYS!